



2022

# Community Impact Report

At Valley Health, we are driven to create a healthier tomorrow for the residents of the Northern Shenandoah Valley of Virginia, the Eastern Panhandle of West Virginia, and western Maryland.

 **ValleyHealth**

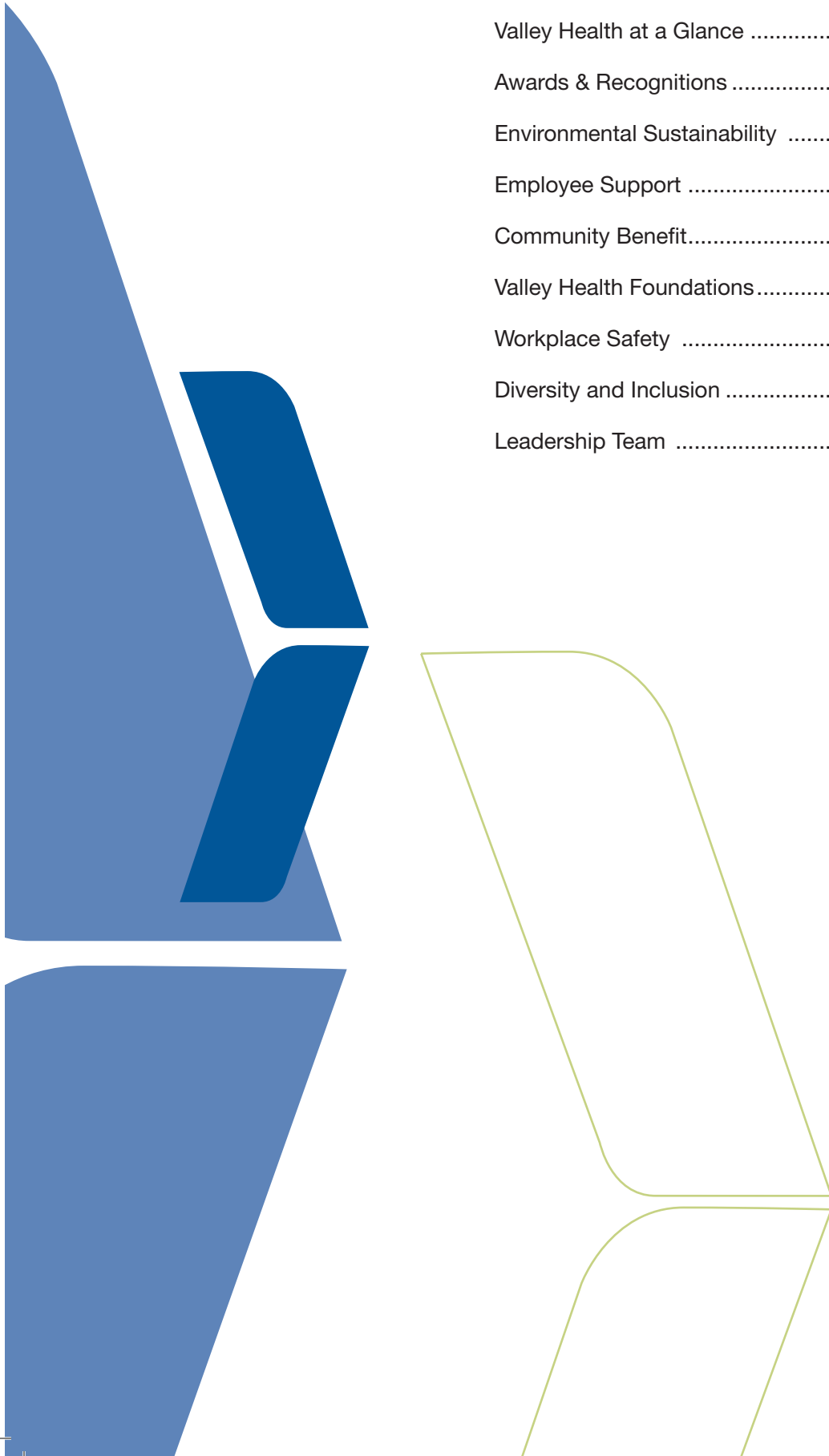
*Healthier, together.*

Valley Health is a not-for-profit healthcare system, chartered to meet healthcare needs of the northern Shenandoah Valley and the eastern panhandle of West Virginia. Each year, the organization makes significant financial contributions in the form of Community Benefit. In 2021, Valley Health's comprehensive community contribution was more than \$187 million in the form of Community Benefit programs, unreimbursed costs for care provided to Medicare and Medicaid recipients, uncollected fees for healthcare services provided and more. In addition to supporting healthcare for those who cannot afford it, excess revenue is required to be reinvested back into the community to improve the health of those we serve.



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**Mark Nantz, MHA**  
President and Chief Executive Officer



## To our caregivers, community, and physician partners

It has been almost 120 years since Winchester Memorial Hospital first opened its doors to the community, committed to providing exceptional care and improving health. Soon thereafter, other communities established their own hospitals and over time those hospitals chose to join together, forming the regional not for profit healthcare system now known as Valley Health. Today, this network has grown to include over 6,000 employees, six hospitals, long-term and skilled-care facilities, capabilities for in-home care and over 100 physician offices, Urgent Care centers, rehabilitation centers, ambulatory surgery centers and other outpatient locations, serving over 500,000 people in the Northern Shenandoah Valley of Virginia, the Eastern Panhandle of West Virginia, and western Maryland.

While we have navigated numerous health challenges since the early 1900s, we have faced none bigger than COVID-19. During this time, we not only saw the best in our caregivers, but we also saw the best in our community. Together with the Lord Fairfax Health District, Shenandoah University, our numerous committed community partners, and the hundreds of volunteers, Valley Health created one of the earliest and most efficient vaccine clinics in the country, a model operation that others visited and quickly adopted in their communities. I want to thank each of our employees and community members for all their efforts caring for our community.

Our mission at Valley Health is serving our community by improving health. Much of the work to improve the community's health occurs outside traditional healthcare settings and is increasingly influenced by environmental and social factors. These factors include access to fresh produce, housing, clean water, literacy, access to preventative care, and many others. We are proud of the work we do in these areas, much of which is not readily apparent, and our convening of other stakeholders in addressing these factors. In this report we'll share some examples and the results of those efforts.

In addition to being the region's largest healthcare provider, Valley Health is also the largest private employer. We know our ability to provide world-class healthcare is directly tied to being the employer of choice. We are very thoughtful and invest significant time and money to assure we attract and retain the most highly skilled and compassionate employees to deliver your healthcare. Said differently, we treat our employees the best we can so they in turn treat you the best they can.

I hope you find this report informative, it represents a comprehensive look at the many different ways Valley Health serves and touches our community. This report also illustrates the characteristics of a locally governed not for profit healthcare system such as free or reduced healthcare for those who are unable to afford care and reinvestment of excess revenue into projects to improve the community's health.

For our employees and physicians, thank you for choosing Valley Health as the place to share your gifts, and to our community members, thank you for trusting us with your care.



# Who is Valley Health?

## MISSION

Serving our Community by Improving Health.

We are proud to be a trusted health and wellness resource for our regional community. We do much more than care for individuals once they walk into our hospital doors. Valley Health partners with others to enhance health education, prevention, chronic disease management, and accessible health care for those with limited resources.



## VISION

Inspire hope and promote health as the community's first – and best – choice for high-quality, safe, and affordable care.



Our focus is on patients first, rooted in our commitment to our values: compassion, integrity, collaboration, courage, innovation and excellence.

## VALUES

- Compassion
- Integrity
- Collaboration
- Courage
- Innovation
- Excellence



## OUR CORPORATE RESPONSIBILITY COMMITMENT

### Healthier Tomorrows

Our mission is achieved every day as Valley Health's more than 6,000 employees work together to help and heal those in our care. However improving health involves so much more than what takes place at the bedside. Valley Health's commitment to improving the health of our community also means:

- Offering financial assistance to those with no or limited ability to pay for care.
- Providing healthcare services that are not fully reimbursed by state and federal governments.
- Assessing our community's specific health needs and developing strategies to address them.
- Partnering with other organizations to make our community a healthier and more vibrant place to live.

At Valley Health, we are driven to creating a healthier tomorrow for the residents of the Northern Shenandoah Valley and surrounding region.



# Valley Health 2022 at a Glance



**6,000+**  
**Employees**  
Largest Private  
Regional Employer



**850+**  
**Credentialed  
Physicians**  
and Advanced  
Practice Providers



**140,000**  
**Emergency  
Department Visits**



**170,000**  
**Urgent Care  
Center Visits**



**17,000**  
**Surgical Cases**



**2,500**  
**Births**



**29,000**  
**Hospital Admissions**



**644**  
**Inpatient Beds**



**7,500**  
**Home Health  
Admissions**

## 6 HOSPITALS

- Hampshire Memorial Hospital** – Romney, WV
- Page Memorial Hospital** – Luray, VA
- Shenandoah Memorial Hospital** – Woodstock, VA
- War Memorial Hospital** – Berkeley Springs, WV
- Warren Memorial Hospital** – Front Royal, VA
- Winchester Medical Center** – Winchester, VA

## 74 PHYSICIAN PRACTICES

## 9 URGENT CARE & URGENT CARE EXPRESS CENTERS

## 10 OUTPATIENT REHABILITATION CENTERS

## 1 INPATIENT REHABILITATION CENTER

## 5 WELLNESS & FITNESS LOCATIONS

## 2 LONG-TERM CARE FACILITIES

# To be the best, we must employ the best

You deserve the best healthcare — and that requires the best healthcare workers. We are proud to be the region's healthcare employer of choice. To maintain that distinction, we continually evaluate and improve our workplace culture, compensation and benefits.



## Workplace Safety

Healthcare workers deserve to provide care without fear of being injured. Caregiver safety is Valley Health's top priority.



## Rewards + Recognition



A **\$16 per hour Just Wage**



**Market assessments** assuring compensation for all employees is **competitive and comparable** to other health systems across the region and beyond



## Learning and Development

Valley Health caregivers are lifelong learners and receive support throughout numerous programs.



**\$71 million** invested in pay increases



Health and well-being of employees is a top priority and we are proud to have **zero dollar increase in health care premiums** for the third year in a row, **and zero-deductible** plan for all eligible services received at a Valley Health facility



An enhanced **Employee Assistance Program**.





# Awards and Recognitions

We offer industry-leading care and we are proud to have received, and continue to receive, awards for safety, quality and care.



WMC received fifth straight “A” Hospital Safety Grade from the Leapfrog Group (2022)

WMC named one of America’s Best Maternity Hospitals by *Newsweek* (2022)



## Winchester Medical Center Accreditations and Certifications:

- Level II Trauma Center
- Comprehensive Cardiac Center



The Joint Commission




American Heart Association

CERTIFICATION

Meets standards for Comprehensive Cardiac Center Certification



Recognized by *US News & World Report* as a “Best Regional Hospital” in VA (2022)



WMH earned an “A” Hospital Safety Grade from the Leapfrog Group (2022)

- Advanced Primary Stroke Center
- Level 4 Epilepsy Center



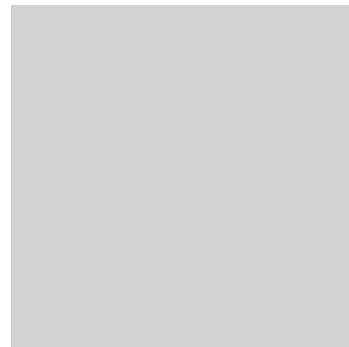
WMH awarded the Gold Seal of Approval® for Total Knee Replacement and Total Hip Replacement Certification from The Joint Commission



- Level III Neonatal Intensive Care Unit
- Magnet Designated Hospital



WMC named Best Hospital in *The Journal's* Best of the Best Readers Choice Awards (2021)

- Nationally Accredited Cancer Center



A QUALITY PROGRAM of the AMERICAN COLLEGE OF SURGEONS

# Environmental Sustainability

Environmental factors are increasingly linked to the health and wellbeing of individuals, and a community. As a healthcare provider, we strive to not only provide the best care, but the best environment for care - and to sustain our environment for future generations.

**Energy Management Program** – The goal of Valley Health’s Energy Management Program is to reduce our carbon footprint, situate us as a good environmental steward in the community and ideally, promote cost-savings. To achieve this goal, we have established innovative, creative initiatives to reduce energy consumption, greenhouse gases and emissions, water consumption and waste stream output.

## Sustainable Landscaping & Construction

Valley Health has a comprehensive no-mow program that helps to promote sustainability on our campuses. Not only do we reduce emissions from the mowing equipment, the tall grass also slows rainwater runoff and increases wildlife habitat and diversity. Additionally, there is a reduced need for fertilizer and irrigation.

The majority of construction projects at Valley Health have Leadership in Energy and Environmental Design (LEED) certifications, or have adopted similar principles. This includes LED lights, high-efficiency electrical transformers, high-efficiency HVAC equipment, low-consumption plumbing fixtures, and energy recovery systems.

## Recycling Programs

Valley Health recycles approximately 120 tons of cardboard in 2022 alone. Mixed waste recycling — including paper, aluminum and tins cans, miscellaneous plastics — is approximately 1 ton per month. Additionally, wooden pallets, batteries, fryer oils and expired medications are regularly recycled to help sustain our environment.

**The solar farm**, located at the Winchester Medical Center campus — the largest of Valley Health’s campuses – provides approximately 20% of campus electricity need. The project is consistent with Valley Health’s sustainability goals of producing zero emissions and a non-toxic source of electricity, and it also serves as a resilient and lower-cost energy option. To date, Valley Health reduced overall consumption by roughly 20%, which ultimately lowers the cost of the services we provide. Phase II is now under consideration with the intent to expand to other hospitals.

The 1.7 megawatt system includes solar panels at three WMC locations:

- Diagnostic Center
- Cancer Center
- A ground mount along Campus Boulevard

# Employee Support

Valley Health is the region's largest private employer, a dependable community partner, and a leader in clinical innovation.

At Valley Health, employees have the ability to grow, thrive and learn—all while being competitively compensated in a culture of care and compassion. Providing our team members with an array of integral benefits is key in helping our workforce to provide world-class health care.

We offer:

- Competitive Salaries and Bonuses
- Programs designed to support the pursuit of continuing education and tuition assistance
- A Comprehensive Health Plan (offered with zero deductible or eligible services)
- A Health Advocate Employee Assistance Program
- Paid Time Off
- Childcare
- Life Insurance, Short-Term and Long-Term Disability
- 403(b) retirement plan including both a deferral match and additional discretionary contribution from Valley Health
- A Just Wage of \$16/hour
- Health premium rates are determined on a sliding scale based on employee income.

And that's not all. This past spring, we enacted an across-the-board 3% raise, along with various market adjustments to elevate salaries to be more comparable to those in healthcare systems across the U.S.

## Our employees are engaged and our culture is strong.

Nearly 4,500 Valley Health employees completed our anonymous SCORE survey (Safety, Communication, Operational Risk, Resilience and Engagement). Based on a U.S. hospital work-setting benchmark, Valley Health, compared to other hospitals, ranked:

- **87% better** when it comes to the opportunity for personal growth and development at work
- **85% better** when it comes to cultivating a culture where it is easy to learn from the errors of others and speak up if you see a problem with patient care
- **80% better** when it comes to teamwork, positive colleagues and communication among coworkers



## Valley Health Healthy U

Valley Health Healthy U Wellness program helps employees live better and achieve their health goals. Through this program, employees and spouses can earn points for completing annual health assessments. But we care about more than just physical health — participants in the Healthy U Wellness program have one-on-one sessions with a Healthy U coach who can help with emotional, professional and physical health; have access to a nicotine cessation program; and can compete in challenges and wellness journeys within a community of Valley Health employees. Employees who participate in the Valley Health medical plan have their earned Healthy U points converted to funds on a Health Reimbursement Account. Employees who do not participate in the medical plan receive their earned Healthy U points through gift cards.

# Caring for our Community

## Community Benefit by the Numbers

\*for the most recent IRS reporting year 2021\*



Cash and in-kind support for community benefit programs totaled **\$89.5 MILLION**



**\$67.3 MILLION** for **uncompensated healthcare services**. We assume the costs of care and treatment for those who are unable to pay.



**\$12.9 MILLION** for **training healthcare professionals**. Every year hundreds of students in college-level nursing, pharmacy, physical/occupational therapy, and other health programs enhance their educational experience through preceptorship programs with Valley Health's expert healthcare professionals.



**\$9.3 MILLION** for **health and prevention programs**. Thousands benefit from free screenings, preventive care, wellness programming, and more.

## Comprehensive Community Contribution in 2021

More than **\$187 MILLION**

for Community Benefit programs, plus unreimbursed medical care provided to seniors and uncollected fees for services provided to patients of all ages.



# Community Partners

- AIDS Response Effort (ARE)
- Congregational Community Action Project (CCAP)
- Child Advocacy Center
- Concern Hotline
- Daniel Morgan Middle School
- Dental Clinic NSV
- Edgehill Recovery Center
- Family Promise
- Girls on the Run
- Good Samaritan Free Healthcare
- Healthy Families Shenandoah County & Page County
- Healthy Families NSV
- Laurel Center
- Laurel Ridge Community College - Page County
- Lord Fairfax EMS
- Morgan County Partnership
- National Alliance on Mental Illness (NAMI)
- NSVSAC
- Our Health
- Page Alliance for Community Action (PACA)
- Page Free Clinic
- RAPPCE
- Shenandoah Community Health Clinic
- Shenandoah University
- Sinclair Health Clinic
- St. Luke Community Clinic
- Valley Assistance Network (VAN)
- Wheels for Wellness
- Winchester Public School- Emil and Grace Shihadeh Innovation Center

# Valley Health Foundations

AN ESSENTIAL PART OF VALLEY HEALTH'S MISSION AND WORK IN THE COMMUNITY

Each of our six valley health hospitals has a foundation or development fund that supports our healthcare programs. Over the past 15 years, millions of dollars have been raised through the financial contributions of individuals, organizations and businesses.



Cancer Center  
Capital Campaign  
**\$10.6M**



**231 DONORS**  
were President's Society  
supporters, giving an  
annual donation of  
**\$1,000 OR MORE**

Warren Memorial Hospital  
Campaign  
**\$2.5M**

The foundations provided  
**105 HOTEL  
VOUCHERS**  
family members of patients

Page Memorial Hospital  
Campaign  
**\$1.1M**

**\$1.1 million+**  
total of **122 GRANTS** that were  
awarded by the Foundations

Shenandoah Memorial  
Hospital Expansion  
**\$1.5M**



**1,355**  
number of donors  
that raised more that  
**\$2.3 MILLION**  
in support of  
Valley Health programs

**\$65,300**  
total **SCHOLARSHIPS**  
given to high school  
and college students

Interested in supporting Valley Health? Visit [valleyhealthlink.com/giving](http://valleyhealthlink.com/giving).

# WMC Trauma Center and Foundation Team Up to Equip WPD First Responders

The Winchester Police Department received 45 new mass casualty trauma bags in August, courtesy of the WMC Foundation. The bags were donated during a presentation at Winchester Medical Center. A mass casualty bag is filled with lifesaving essentials that patrol and school resource officers can use before EMS arrives.

“Bleeding is the leading cause of trauma death,” said Terral Goode, MD, medical director of WMC’s Level II Trauma Center, at August’s presentation. “The very best thing is to control bleeding; the golden hour is very real. You all are a very crucial part of our team in our mission to deliver the very best care to our patients.”

In an active shooter or mass casualty situation, law enforcement personnel may need to provide immediate, life-saving measures until the scene is secure for EMS entry.



Each of the 45 trauma bags contained medical-grade products: a variety of tourniquets; wound-packing supplies; chest seals; and QuikClot, a hemostatic agent that causes blood to coagulate. Officers receive training from Winchester Fire & Rescue personnel.

Autumn Davis, RN, MSN, Trauma Program manager, and Perry McAlister, RN, BSN, Injury Prevention and Outreach coordinator, worked with Winchester Police Department Captain Wally Stotlemeyer on the initiative.

“This is fantastic,” said Winchester Police Chief John Piper during the presentation. “Gone are the days when police officers come out to a scene and wait for our medical professionals, our fire and rescue team, to come there. We lost valuable time — and sometimes lives — over the years. We’re fortunate to have you all as partners.”

WMC’s state-designated Level II Trauma Center is committed to improving outcomes for the approximately 1,700 trauma patients it treats each year. This includes collaborating with community partners to ensure patients receive the best care both in the field and en route to the Emergency Department.

**Editor’s Note:** The 60 minutes after a traumatic injury is sometimes referred to as the “golden hour,” a window of time in which a critically injured victim is thought to have the greatest chance of survival if provided definitive care at a trauma center.

# Grateful Patient Directs Donation to Expand Wound Care Service

In the United States, every year about 73,000 amputations of the lower limb are performed on people with diabetes. Small enough to fit on a rolling cart, the Transcutaneous Oximetry machine — or T-Com as it's affectionately known — has a big impact on limb-saving decisions.

Winchester resident Bruce Shingleton first started coming to the WMC Wound Care Center as a patient five years ago and was blown away by his care experience. As a long-standing member of the Fraternal Order of the Eagles, an international nonprofit organization whose motto is People Helping People, Bruce knew he wanted to do what he could to support the Wound Care Center and the staff that had helped him heal not one, but two leg wounds over the course of a few years.



Through fundraising efforts in the form of dances, raffles, pin sales, silent auctions and more, the Fraternal Order of the Eagles Virginia Chapter raised over \$40,000 to donate to a charity of choice. As the chapter president, Bruce gifted 100% of the donation to the WMC Wound Care Center.

The goal of the limb salvage program is to decrease amputations and work closely with the Diabetes Management Program, which primarily handles non-traumatic amputations. Working hand-in-hand with Valley Health Foundations, the Fraternal Order of the Eagles' hard-earned donation allowed the Wound Care Center to purchase a new T-Com, the only one in the Valley Health System.

Nurse Practitioner and Clinical Manager of Wound Care and Limb Salvage Eric McBride knew the positive impact T-Com could have on Winchester Medical Center's limb salvage initiative. The machine — with a list price of \$70,000 — measures oxygen in skin to determine if there is enough for the limb to heal or if it will need to be amputated.

“This really is the gold standard,” says Eric. “In terms of salvaging limbs, this has the highest accuracy to determine whether an area can heal of all vascular studies we have access to.”

Although Bruce never needed to use T-Com, his contribution to helping the Wound Care Center acquire one will have a long-term impact on patients. The accomplishment could not have been achieved without the teamwork of Valley Health Foundations, Eric McBride and dedicated Wound Care staff, and of course, Bruce Shingleton and the Fraternal Order of the Eagles.

# Workplace Safety

Healthcare workers do not come to work expecting to be harmed by patients and their families.

The safety and well-being of healthcare workers, patients and their families is a top priority for every healthcare leader in the United States, and here at Valley Health, we have implemented over \$1 million in security improvements to enhance employee, patient and visitor safety over the past three years.

Valley Health has a Workplace Violence Prevention Collaborative made up of representatives from across our hospital system. Some of the collaborative's most visible efforts include increased funding to allow for additional safety and security officers, developing signage to clearly communicate standards and expectations for visitors, and additional de-escalation and aggression management training for Valley Health employees.

Additionally, Valley Health Public Safety officers carry several defensive devices and will soon be provided with body armor in the rare case of extreme violence in the workplace.

Continual security risk assessments at all Valley Health sites, in addition to collaboration with a Virginia Hospital and Healthcare Association workgroup to evaluate workplace violence, are measure that ensure we continue to keep our environment safe for our caregivers, patients and their families.



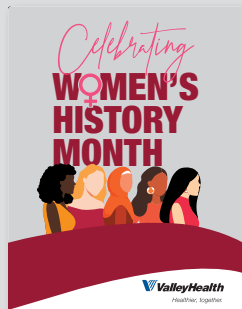
# Diversity and Inclusion

At Valley Health, we take great pride in celebrating the diversity of our team members, our organization and our patients. Our diversity allows us to realize and appreciate our differences, which strengthens and improves the care we provide to our community and helps us address the myriad needs of our unique team.

Recognizing and appreciating others is an essential part of our culture here at Valley Health. Because of our compassion and commitment to quality care, we are able to serve as the premier community healthcare provider in the region and as one of the area's major employers.

Through the work of our Diversity, Equity and Inclusion (DEI) team, we have made great strides in recognizing our diversity by:

- Celebrating Black History Month, Women's History Month, Pride Month, Hispanic Heritage Month, Native American Heritage Month and more.
- Sharing career advice through several panel discussions, including our internal Women in Leadership Forum.
- Listening to webinars and Ted Talks, including a Pride Month webinar where we learned about the unique care needs of our LGBTQ+ patients and how to be an ally.
- Learning about the diverse history within the healthcare field by highlighting fascinating individuals in our weekly online newsletter.





# Telehealth Cart Installed at Winchester Rescue Mission

The Community Health Needs Assessment, conducted every three years, identified an important gap in health access in the Winchester area — transportation. For those living at the Winchester Rescue Mission’s homeless shelter, it was a struggle to travel to Winchester Medical Center or a local Urgent Care center.

The telehealth cart addresses one of the primary community needs in the Winchester area: healthcare accessibility. With limited public transportation available, medical access has been a constant struggle for those utilizing the Rescue Mission’s resources.

Equipped with a large touchscreen and a high-resolution camera, the telehealth cart comes with a stethoscope and otoscope that can be plugged into the back of the cart. From miles away, doctors can hear a heartbeat, or examine the ears, nose and throat of a patient. The doctor can also order a prescription, or set up a referral if further evaluation is needed.



The goal is to add a second telehealth cart to Winchester Rescue Mission’s local women’s shelter and to increase the number of specialty physicians available for telehealth appointments, including mental health providers.

## Using 340B Savings to Further the Valley Health Mission



The 340B Drug Pricing Program requires drug manufacturers to provide outpatient drugs to eligible healthcare providers at significantly reduced prices. Only nonprofit healthcare organizations with specific federal designations are eligible to participate and must provide drugs exclusively to eligible patients. Valley Health has five hospitals eligible to participate in the 340B program.

Valley Health has participated in the 340B program for over 10 years and annually receives approximately \$9.5 million in benefits through the program. This funding increases access to care for our low-income or otherwise vulnerable patients by expanding our outpatient programs within local communities, renovating our facilities to provide high-quality care, and treating patients regardless of payor status.

**\$9.5 Million in annual support** for healthcare in rural communities is realized realized through Valley Health’s 340B program

# Page Memorial Hospital Receives \$1M USDA Grant to Address Rural Health Challenge

Page Memorial Hospital will receive \$1 million in funding to remediate the impact of COVID-19 and improve health and access to care in Page County.

“Rooted in Rural Healthcare” is a three-year, multi-faceted initiative funded by the U.S. Department of Agriculture’s (USDA) Emergency Rural Health Care Grant Program. The initiative will be led by Page Memorial Hospital, in partnership with Page County, Page County Public Schools and the Page Alliance for Community Action (PACA). The project focuses on empowering residents with tools that can transform their care and improve their health.

“We are excited to have USDA support to further our work, applying what we learned from the pandemic to address emergency and chronic health issues in our community,” says N. Travis Clark, PMH President and Valley Health Vice President.

## Key components include:

- Remote monitoring systems for an estimated 100 patients, enabling them to transmit vital data (blood pressure, blood sugar, pulse, weight, oxygen levels) for real-time evaluation by a Community Health Worker or other provider.
- A telehealth pilot project with Page County Schools
- Trained nursing staff will serve as link between patient and service provider to help navigate care and provide healthy strategies. Patient support will include health and medication monitoring, nutrition and food prep, counseling and insurance access.
- RAM (Remote Area Medical) Clinic will return to deliver free medical, vision and dental care to uninsured and underinsured Page County residents in a one-day pop-up clinic.
- A Community Garden and Food Pilot Program will grow and distribute produce, educate residents, and provide food-based preventive care. A Community Health Worker and hospital staff will provide education on food preparation and the importance of healthy diet in reducing the risk of common chronic conditions: obesity, heart disease, stroke, diabetes.

“The ‘Rooted in Rural Healthcare’ program is a unique opportunity made possible by the USDA to try to connect those most in need with care,” says Jason Craig, Valley Health Director of Community Health. “We hope our work will serve as a pilot that we can replicate in other communities we serve where access to care may be challenging.”



# Leadership

## EXECUTIVE LEADERSHIP

### Mark Nantz, MHA

President and Chief Executive Officer

### Barbara Ballard, MBA

Chief Information Officer

### Jeffrey Feit, MD, MS

Valley Health Population Health and  
Community Health Officer

### Peter Gallagher, MBA

Chief Financial Officer

### Thomas S. Kluge, MHSA

Senior Vice President, Valley Health  
Critical Access Hospitals, and President,  
War and Hampshire Memorial Hospitals

### Nicolas C. Restrepo, MD

Valley Health Quality and Patient  
Safety Officer

### Brad Rogers, MHA

Chief Operating Officer, Valley Health  
Medical Group, and Vice President,  
Valley Physician Enterprise

### Chris Rucker, MHA

Chief Strategy Officer and Chief of Staff,  
Valley Health

### Iyad Sabbagh, MD, MBA

Chief Physician Executive and  
President, Valley Physician Enterprise

### Elizabeth Savage, MSOD

Chief Human Resources Officer,  
Valley Health

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Senior Vice President, Valley Health  
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Medical Center

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Chief Legal & Compliance Officer  
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### Theresa L. Trivette, DNP, RN, CENP

Chief Nursing Executive (CNE),  
Valley Health

## SENIOR MANAGEMENT

### Bob Amos, MBA

Vice President, Finance, Winchester  
Medical Center and Warren Memorial  
Hospital

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### Portia Brown, MHA

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### Amanda Buckles-Barash, MS, PMP

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Vice President, Valley Health; President,  
Shenandoah Memorial Hospital and  
Page Memorial Hospital

### Jennifer Coello, MHA

Vice President, Operations and  
Administrator, Warren Memorial Hospital

### Teresa Collins, MSN, RN, NEA-BC

Chief Nursing Officer,  
Winchester Medical Center

### Carla Dallmann, BSN, MBA, MJ,

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Vice President, Risk Management,  
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Vice President and Chief Financial Officer,  
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### Kenneth Janowski, DO, CPE

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Hospital; Southern Region Medical Staff  
Services & Clinical Program Development

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### Mary Sas, MSHCM, MBA

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Hospital

### Kevin S. Sheppard, MHA

Vice President, Operations-Clinical  
Services, Winchester Medical Center  
and Valley Health

### Heather Sigel, MBA

Vice President, War Memorial Hospital

### Matthew Toomey, JD

Vice President, Patient Financial  
Services

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