

# Because Your Health and Safety Is Our Highest Priority

May 28, 2021

Dear Fitness Member:

Throughout the coronavirus pandemic the health and safety of our members and staff has been our highest priority. Our updated protocols are listed below including the steps that remain in place for your protection:

- COVID screenings, including temperature checks, are no longer required.
- Fully vaccinated members and guests are no longer required to wear a mask in the facility.
- Unvaccinated members and guests will continue to be required to wear a mask when not actively exercising.
- Showers are available for member use.
- All equipment is back in service and available for use.
- Group fitness classes have returned to normal capacity.
- Enhanced cleaning procedures continue throughout the center, including increased frequency and upgraded cleaning supplies.
- Please wash your hands before and after exercising.
- Please continue to wipe off equipment before and after use.

Valley Health Wellness & Fitness|Woodstock is pleased to be part of your fitness program, helping you achieve your wellness and fitness goals. Please contact the center at 540-459-1387 if you have questions about the current COVID protocols (*effective June 1, 2021*).