

2022 Virtual Rehab Symposium

# Recognizing Disabilities, Emphasizing

# POSSIBILITIES



Friday, October 7  
8 A.M. – 3:15 P.M.

Virtual platform supported by Zoom

This virtual symposium is FREE for all participants

Presented by Valley Health Rehabilitation — In  
partnership with the Winchester Medical Center  
Foundation

\*Agenda order subject to change

## AGENDA

8 – 8:15 A.M.

### Opening Announcements

Jessica Watson, MBA, MSN, RN, VHS Director Rehab Services

8:15 – 9:15 A.M.

### Standard of Care: Lumbar Radicular Pain

Edward Lam, MD, Interventional Spine Care

9:15 – 10:15 A.M.

### Ergonomics: What do you need to know?

Dr. Michael J. Gerg, DOT, OTR/L, CHT, Associate Professor  
and Program Director - Master of Occupational Therapy  
(MOT) at Bay Path University

10:15 – 10:30 A.M. .... **Short Break**

10:30 – 11:30 A.M.

### Pelvic Health Matters

Anna Dennis DPT, GCS, OCS, Cert-DN  
Shelley Annalora, DPT, Cert. DN, CKTP, LSVT BIG  
Marsha Cooper, DPT, Cert-DN

11:30 A.M. – 12 P.M.

### Respiratory Muscle Training for Rehab Patients (A Pilot Study)

Sarah Morey, MS, CCC-SLP

12:00 – 12:30 P.M. .... **Lunch**

12:30 – 1 P.M.

### Fascial Counter-Strain: An Innovative System of Soft Tissue Manipulation

Amy L. Tran, LPTA, ATC

1 – 2 P.M.

### Occupational Therapy's Role in the Evaluation and Treatment of Neuro Vision Deficits

Doris Perry, OTR/L, CLT, CSRS  
Sarah Weare, OTR/L

2 – 3 P.M.

### Robotic Hand: Microprocessor UE Prosthetics

Rhonda Rice, OT, CHT, CLT  
Indi Hewavita, CP, BOCO

3 – 3:15 P.M. .... **Wrap Up & Survey Evaluation**

## ABOUT THE PRESENTERS

### **Edward Lam, MD**

**MD:** University of Rochester School of Medicine and Dentistry

**Residency:** University of Rochester Medical Center

**Fellowship:** Virginia iSpine Physicians

### **Michael J. Gerg, DOT, OTR/L, CHT**

**DOT:** Temple University School of Health Professions

**Certifications:** Hand Therapy, Work Capacity

Evaluation, and Ergonomic Evaluation

### **Anna Dennis DPT, GCS, OCS, Cert-DN**

**MS:** Northern Arizona University

**DPT:** Shenandoah University

**Certifications:** Trigger Point Dry Needling

### **Shelley Annalora, DPT, Cert-DN, CKTP, LSVT BIG**

**BS:** University of Buffalo

**DPT:** University of Buffalo

**Certifications:** Trigger Point Dry Needling, Certified Kinesio Taping Practitioner, LSVT BIG

### **Marsha Cooper, DPT, Cert-DN**

**BS:** Virginia Tech

**DPT:** Shenandoah University

**Certifications:** Trigger Point Dry Needling

### **Sarah Morey, MS, CCC-SLP**

**BS:** George Mason University

**MS, SLP:** James Madison University

**Certifications:** Vital Stim, FEES, and LSVT LOUD

### **Amy L. Tran, LPTA, ATC**

**BS:** Bridgewater College

**Certifications:** Athletic Trainer

### **Doris Perry, OTR/L, CLT, CSRS**

**OT:** Shenandoah University

**Certifications:** CLT, CSRS, LSVT

### **Sarah Weare, OTR/L**

**OT:** George Mason University

**MSOT:** Shenandoah University

**Certifications:** OTR/L

### **Rhonda Rice, OT, CHT, CLT**

**BA:** West Virginia University

**MOT:** West Virginia University

### **Indi Hewavita, CP, BOCO**

**BS:** North Carolina State University

**Certifications:** Prosthetic

## REGISTRATION

Visit [valleyhealthlink.com/rehabsymposium](https://valleyhealthlink.com/rehabsymposium) to register.

You will receive a confirmation email once your registration is complete providing the virtual meeting details for the conference.

This virtual symposium is FREE for all participants.

## PROFESSIONAL CREDIT

### **Physicians, Nurse Practitioners and Physician**

**Assistants:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of Virginia. The Winchester Medical Center's CME Program is accredited by The Medical Society of Virginia to provide continuing medical education for physicians and designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physicians, Nurse Practitioners and Physician Assistants with questions about professional credits should contact Stephanie Nelson, Winchester Medical Center Continuing Medical Education Coordinator, at 540-536-8871.

**Nurses:** Valley Health Professional Development is approved as a provider of nursing continuing professional development (CNPD) by the Virginia Nurses Association (VNA), an accredited approver by the American Nurses Credentialing Center's Commission (ANCC) on Accreditation. This activity has been awarded 6.5 contact hours.