

Living Better

Enhancing Quality
of Life with
Innovative Care

2024
**Neuroscience
Symposium**

**Tuesday,
May 21, 2024
7:30 A.M. – 4 P.M.**

The George Washington Hotel
Winchester, VA

*Presented by the Valley Health
Neuroscience Center in partnership
with the Winchester Medical Center
Foundation*

Agenda subject to change

Agenda

7:00-7:30 A.M.

Registration

7:30-7:45 A.M.

Welcome and Introductions

Julie Miksit, RN, BSN, MBA, Vice President of Operations and Service Lines, Winchester Medical Center, and Sara Valentine, Director of Annual Giving, Valley Health Foundations

7:45-8:45 A.M.

Epilepsy Patient Success Story, Featuring a Live Patient Testimonial

Paul Lyons, MD, Winchester Neurological Consultants|Valley Health, and Lee Selznick, MD, Valley Health Virginia Brain & Spine

8:45-9:45 A.M.

The Surgical Management of Epilepsy

Robert Maurer, MD, neurosurgeon joining Valley Health Virginia Brain & Spine in July

9:45-10:00 A.M.

Break/Vendors

10:00-11:00 A.M.

A Diagnosis of Epilepsy: How Does It Impact Daily Life?

Lorraine Newborn-Palmer, DNP, NAEC Certified Nurse

11:00 A.M.-12:00 P.M.

Advances in Dorsal Root Ganglion Stimulation

Rehan Waheed, DO, Valley Pain Consultants|Valley Health

12:00-12:45 P.M.

Lunch

12:45-1:45 P.M.

Advancements in Multiple Sclerosis Diagnosis and Management

Khalad Abdalla, MD, Winchester Neurological Consultants|Valley Health

1:45-2:45 P.M.

Novel Therapies in Alzheimer's Disease

Ammar Tarabichi, MD, neurology hospitalist

2:45-3:00 P.M.

Break/Vendors

3:00-4:00 P.M.

Moving the Needle: Strategies at WMC to Reduce Door-to-Needle Times

Kelsey Morgan, PharmD, MPH, BCPS

4:00 P.M.

Evaluation and Wrap-up

About the Presenters

Paul Lyons, MD, PhD

MD: University of Alabama at Birmingham, School of Medicine

PhD: University of Alabama, Birmingham

Residency: University of Virginia

Epilepsy and Clinical Neurophysiology Fellowship: University of Virginia

Lee Selznick, MD

MD: Washington University in St. Louis

Residency: Duke University Medical Center

Internship: Duke University Medical Center

Robert Maurer, MD

MD: Temple University Lewis Katz School of Medicine

Residency: Pennsylvania State University

Neurosurgical Oncology

Fellowship: Pennsylvania State University

Lorraine Newborn-Palmer, DNP, APRN, ACNS-BC, CNRN, CBIS, FAES, NAEC Certified Nurse

DNP: Chamberlain University

MSN: University of Maryland at Baltimore

BSN: D'Youville University

Rehan Waheed, DO

DO: West Virginia School of Osteopathic Medicine

Residency: Tufts Medical Center

Pain Management Fellowship: University of Pittsburgh Medical Center

Khaled Abdalla, MD

MD: Misr University for Science and Technology College of Medicine (Egypt)

Residency: Einstein Medical Center

Multiple Sclerosis and Neuroimmunology Fellowship: University of Virginia

Ammar Tarabichi, MD

MD: Jordan University of Science and Technology

Residencies: Southern Illinois University; University of Chicago

Neuroimaging Fellowship: Dent Neurologic Institute

Registration

Visit valleyhealthlink.com/neurosymposium to register.

FEES:

\$75 non-Valley Health

\$25 fulltime healthcare student

FREE for Valley Health employees

Professional Credits

Awarded by Valley Health

Physicians, Nurse Practitioners and Physician Assistants:

The Winchester Medical Center is accredited by the Southern States CME Collaborative (SSCC) to provide continuing medical education for physicians. The Winchester Medical Center designates this live educational activity for a maximum of (7) AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. Physicians, Nurse Practitioners and Physician Assistants with questions about professional credits should contact Stephanie Edwards, Winchester Medical Center Continuing Medical Education Supervisor, at 540-536-4742.

Nurses: Valley Health Professional Development is approved as a provider of continuing nursing professional development (CNPD) by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program has been awarded 7.0 contact hours.

Parking Information

The closest parking garage is the George Washington Autopark on Kent Street: \$1.00/hr with a \$15/day max

The Loudoun Autopark on East Fairfax Lane is a three- to four-block walk from the event venue: \$0.50/hr with \$12/day max

Meters:

Blue-labeled Meters are \$0.50/hr

Red-labeled Meters are \$0.75/hr

Metered parking is enforced from 9 A.M. – 6 P.M.

You can use the Park Mobile App to pay for metered parking.