



# Valley Health Chronic Disease Symposium

Friday, November 5, 2021

## Virtual platform supported by Zoom

This virtual conference will provide comprehensive and clinically relevant information to optimize patient care and outcomes.

Fully funded by the Winchester  
Medical Center Foundation

\*Agenda subject to change

8:15-8:30 A.M.

### Welcome, Overview of the day

8:30-9:45 A.M.

### Spiritual Care in Clinical Practice and Spiritual Integration

Christina M. Puchalski, MD, MS, OCDS, FACP, FAAHPM  
*Executive Director, George Washington Institute for Spirituality and Health*

9:45-10:45 A.M.

### The Patient with Slow Gastric Emptying: Nutritional Implications

Carol Rees Parrish, MS, RDN  
*Nutrition Support Specialist, University of Virginia*

10:45-11:00 A.M.

### Break

11:00-12:00 P.M.

### Glycemic Control in the Surgical Patient

Julie C. Costin, MSN, FNP-BC  
*Front Royal Endocrinology & Internal Medicine*

12:00 -1:00 P.M.

### Lunch/Breakout Rooms with Sponsors

1:00-2:00 P.M.

### Updates on Warfarin Therapy and Treatment of Anemia in CKD

Amy Dolly-Kibler, BSN, RN-BC  
*Valley Health EPO/ Coumadin Clinic*

2:00-2:15 P.M.

### Wrap up & Evaluations

 **ValleyHealth**

*Healthier, together.*

## Professional Credits Awarded by Valley Health

### Physicians

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of Virginia. The Winchester Medical Center's CME Program is accredited by the Medical Society of Virginia to provide continuing medical education for physicians and designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physicians, Nurse Practitioners and Physician Assistants who are currently participating in the WMC CME Program, please contact Stephanie Nelson at 540-536-8871.

### Nurses

Valley Health Professional Development is approved as a provider of continuing nursing professional development (CNPD) by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program has been awarded 4.0 contact hours.

A link will be sent to those who attend the conference to complete the evaluation at the end of the conference; once the evaluation is completed, they will receive their CE certificate.

**Email: [edu1@valleyhealthlink.com](mailto:edu1@valleyhealthlink.com) for questions.**

### Registration

Go to [valleyhealthlink.com/CDS2021](http://valleyhealthlink.com/CDS2021) to register. You will receive a confirmation email once your registration is complete, providing all the details to gain access on November 5.

**Registration closes on Thursday, November 4 at 12 noon.**

