

# Rehabilitation Services Guide

Occupational and physical therapy are available at all locations. The guide below shows where specialized services are available.

**Direct access is now available at our outpatient locations.**

## Acute Inpatient Rehabilitation

(An inpatient physical rehabilitative and medical facility)

Winchester – Cork Street .....540-536-5114

## Aquatic Physical Therapy (A water therapy program)

### Virginia

Winchester – Cork Street ..... 540-536-3011

### West Virginia

Romney .....304-822-7273

## Cancer Rehabilitation (offered at all locations)...540-536-2551

## Community Mobility & Driving Assessment (OT)

(An off-the-road evaluation and driving program)

Mt. Jackson .....540-459-1352

Strasburg .....540-459-1300

Woodstock .....540-459-1164

## Concussion Rehabilitation (OT, PT)

### Virginia

Front Royal – Commerce Ave.....540-635-0730

Luray.....540-743-8240

Mt. Jackson .....540-459-1352

Strasburg .....540-459-1300

Winchester – Wellness Center .....540-536-3011

Woodstock .....540-459-1164

### West Virginia

Berkeley Springs .....304-258-8377

Romney .....304-822-7273

## DriveAbility Clinic (OT)

(An on-road evaluation and pre-driving program)

Winchester – Cork Street .....540-536-1180

## Dry Needling (PT) (A program for trigger point acupuncture)

Front Royal – Commerce Ave.....540-635-0730

Front Royal – Riverton Commons .....540-636-0480

Front Royal – Sports Performance .....540-823-4733

Luray.....540-743-8240

Strasburg .....540-459-1300

Woodstock .....540-459-1164

## Hand Therapy (OT)

Front Royal – Commerce Ave.....540-635-0730

Luray .....540-743-8240

Mt. Jackson .....540-459-1352

Strasburg .....540-459-1300

Winchester – Wellness Center .....540-536-3011

Woodstock.....540-459-1164

## Healthy Bones (OT, PT) (A program for Osteoporosis/Osteopenia)

### Virginia

Front Royal – Commerce Ave.....540-635-0730

Luray.....540-743-8240

Mt. Jackson .....540-459-1352

Strasburg.....540-459-1300

Winchester – Wellness Center .....540-536-3011

Woodstock .....540-459-1164

Valley Health Home Health.....540-536-5200

### West Virginia

Berkeley Springs .....304-258-8377

Romney .....304-822-7273

Northern WV Home Health.....304-822-2177

## LSVT BIG® Program (OT,PT)

(A movement program for Parkinson's Disease)

### Virginia

Front Royal – Commerce Ave.....540-635-0730

Luray.....540-743-8240

Winchester – Wellness Center .....540-536-3011

Woodstock .....540-459-1164

Valley Health Home Health.....540-536-5200

### West Virginia

Berkeley Springs (PT only).....304-258-8377

Romney .....304-822-7273

Northern WV Home Health (OT only).....304-822-2177

## LSVT LOUD® Program (SLP)

(A speech language program for Parkinson's Disease)

### Virginia

Front Royal – Commerce Ave.....540-635-0730

Luray.....540-743-8240

Winchester – Wellness Center .....540-536-3011

Woodstock .....540-459-1164

### West Virginia

Berkeley Springs .....304-258-8377

Romney.....304-822-7273

Northern WV Home Health .....304-822-2177

## Lymphedema Therapy (OT, PT)

(A treatment to reduce lymphatic swelling and pain)

### Virginia

Winchester - Wellness Center .....540-536-3011

Valley Health Home Health (OT only).....540-536-5200

### West Virginia

Romney (PT only).....304-822-7273

**McKenzie Method® (PT)** (A spine health program)

**Virginia**

Front Royal – Commerce Ave.....	540-635-0730
Front Royal – Riverton Commons .....	540-636-0480
Front Royal – Sports Performance .....	540-823-4733
Luray.....	540-743-8240
Mt. Jackson .....	540-459-1352
Strasburg.....	540-459-1300
Winchester – Wellness Center.....	540-536-3011

**West Virginia**

Berkeley Springs .....	304-258-8377
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**Outpatient Occupational Therapy (OT), Physical Therapy (PT), & Speech Language Pathology (SLP)**

**Virginia**

Front Royal – Commerce Ave.....	540-635-0730
Front Royal – Riverton Commons (PT only).....	540-636-0480
Front Royal – Sports Performance (PT only).....	540-823-4733
Luray.....	540-743-8240
Mt. Jackson (OT, PT only) .....	540-459-1352
Strasburg (OT, PT only) .....	540-459-1300
Winchester – Wellness Center.....	540-536-3011
Woodstock .....	540-459-1164
Valley Health Home Health.....	540-536-5200

**West Virginia**

Berkeley Springs .....	304-258-8377
Romney .....	304-822-7273
Valley Health Home Health   West Virginia.....	304-822-2177

**Pediatric Therapy (OT, PT, SLP)**

**Virginia**

Front Royal – Commerce Ave.....	540-635-0730
Luray (SLP only).....	540-743-8240
Winchester - Cork Street.....	540-536-5113
Woodstock .....	540-459-1164

**West Virginia**

Berkeley Springs (OT, SLP only).....	304-258-8377
Romney (OT, SLP only).....	304-822-7273

**Pelvic Health (OT, PT)**

(A program for pelvic floor dysfunction)

Front Royal – Commerce Ave.....	540-635-0730
Strasburg.....	540-459-1300
Winchester – Wellness Center.....	540-536-3011
Woodstock .....	540-459-1164

**Sports Performance (OT, PT)**

(A program for athletic training)

**Virginia**

Front Royal – Commerce Ave.....	540-635-0730
Front Royal – Riverton Commons .....	540-636-0480
Luray.....	540-743-8240
Mt. Jackson.....	540-459-1352
Strasburg.....	540-459-1300
Winchester – Wellness Center.....	540-536-3011
Woodstock .....	540-459-1164

**West Virginia**

Berkeley Springs .....	304-258-8377
Romney .....	304-822-7273

**Vestibular Rehabilitation (OT, PT)**

(A program for dizziness and imbalance issues)

**Virginia**

Front Royal – Commerce Ave.....	540-635-0730
Luray.....	540-743-8240
Mt. Jackson.....	540-459-1352
Strasburg.....	540-459-1300
Winchester - Wellness Center .....	540-536-3011
Woodstock .....	540-459-1164
Valley Health Home Health.....	540-536-5200

**West Virginia**

Berkeley Springs .....	304-258-8377
Romney .....	304-822-7273
Northern WV Home Health.....	304-822-2177

**Vision Rehabilitation (OT)**

**Virginia**

Front Royal – Commerce Ave.....	540-635-0730
Luray.....	540-743-8240
Mt. Jackson.....	540-459-1352
Strasburg.....	540-459-1300
Winchester – Cork Street (low vision).....	540-536-5126
Winchester – Wellness Center.....	540-536-3011
Woodstock .....	540-459-1164

**West Virginia**

Berkeley Springs .....	304-258-8377
Romney .....	304-822-7273

**Wheelchair Seating & Positioning Clinic (OT, PT)**

**Virginia**

Front Royal – Commerce Ave.....	540-635-0730
Luray.....	540-743-8240
Winchester – Cork Street .....	540-536-5126
Woodstock .....	540-459-1164

**West Virginia**

Berkeley Springs .....	304-258-8377
Romney .....	304-822-7273

**Wound Care Services (PT)**

Front Royal – Commerce Ave.....	540-635-0730
Luray.....	540-743-8240
Woodstock .....	540-459-1164

**Key:** OT = Occupational Therapist  
 PT = Physical Therapist  
 SLP = Speech Language Pathologist