



Valley Health Oncology Symposium
2021 REGIONAL CONFERENCE

Delivering the Best Cancer Care from Diagnosis to Survivorship

▶ **Friday, September 24, 2021, 8:00 A.M. – 2:45 P.M.**

Virtual platform supported by Zoom

This conference will provide comprehensive and clinically relevant information to optimize cancer patient care and outcomes. As the regional educator on cancer care, the Oncology Service Line has coordinated presentations on advancements in cancer care and treatment as we seek to optimize the quality of life for every patient affected by cancer across the continuum of care.

Fully funded by the
Winchester Medical
Center Foundation

*Agenda subject to change

8:00 – 8:10 A.M.

Opening Announcements – Larry Ponce, FACHE, *Corporate Director, Oncology Service Line, Valley Health System*

Welcome – Grady W. (Skip) Phillips, III, FACHE, *President, Winchester Medical Center, Senior Vice President, Valley Health*

8:10 – 8:45 A.M. – **Connection to Purpose: Patient Stories**

8:45 – 9:45 A.M. – **A Multidisciplinary Approach to Early Diagnosis of Lung Cancer Through Lung Cancer Screening and Nodule Management***

Shalini Reddy, MD, *Valley Health Cardiothoracic Surgeons, Valley Health Cancer Center*
John Price, DO, *Valley Health Pulmonary and Sleep Specialists*

9:45 – 10:00 A.M. – **Short Break**

10:00 – 11:00 A.M. – **Enhanced Recovery Surgical Protocols for Cancer Patients**

Devin Flaherty, DO, PhD, *Medical Director, Surgical Oncology*
Maureen Hill, MD, *Valley Health Surgical Oncology*

11:00 – 11:30 A.M. – **Surgical Nutrition**

Athena Hall, RD, CSO, *Certified Specialist in Oncology Nutrition, Valley Health Cancer Center*

11:30 – 12:00 P.M. – **Wellspring – Let's Talk Resources for the Patient, Family, & Friends**

Mary Vorous, Supervisor, *Valley Health Wellspring*

12:00 – 1:00 P.M. – **Lunch** *Vendor Rooms & Networking Breakout Rooms Open*

1:00 – 1:30 P.M. – **Exercise & Cancer: Why It's Important**

Joshua Shade, BS, ACSM CET, CPT, *Fitness Manager/Medical Integration Coordinator, Valley Health Wellness & Fitness Center*

1:30 – 2:30 P.M. – **Receiving the Best Cancer Care: Supporting Survivorship**

James VanKirk, MD, *Medical Director, Supportive Care Department, Valley Health*

2:30 – 2:45 P.M. – **Wrap Up & Evaluation**

*This presentation is separate from the accredited portion of the symposium and will not count toward CE/CME.

 **ValleyHealth**
Cancer Center

Additional Information

Professional Credits Awarded by Valley Health

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of Virginia. The Winchester Medical Center's CME Program is accredited by The Medical Society of Virginia to provide continuing medical education for physicians and designates this live activity for a maximum of 4.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physicians, Nurse Practitioners and Physician Assistants who are currently participating in the WMC CME Program, please contact Stephanie Nelson at 540-536-8871.

Valley Health Professional Development is approved as a provider of continuing nursing professional development (CNPD) by the Virginia Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program has been awarded 4.5 contact hours.

A link will be sent to those who attend the conference to complete the evaluation at the end of the conference; once the evaluation is completed, they will receive their CE certificate.

Email: edu1@valleyhealthlink.com for questions.

Registration

Go to valleyhealthlink.com/oncology-symposium to register. You will receive a confirmation email once your registration is complete providing all the details to gain access on September 24.

Registration closes on Thursday, September 23, at 12 noon

Devin Flaherty, DO, PhD – Dr. Flaherty, of Valley Health Surgical Oncology, is a fellowship trained surgical oncologist and board-certified general surgeon. He attended medical and graduate school at the University of North Texas Health Science Center, completing a doctorate in osteopathic medicine and integrative physiology. Dr. Flaherty completed his internship and residency in general surgery at the Rowan University School of Osteopathic Medicine in Stratford, NJ. He received his specialty training in surgical oncology through a fellowship at the John Wayne Cancer Institute in Santa Monica, CA.

Athena Hall, RD, CSO – Athena is a board certified oncology dietitian who has helped Valley Health's cancer patients with their eating challenges for more than 10 years. She supports and educates individuals about feeding tubes and nutrition guidelines.

Maureen Hill, MD – Dr. Hill, who joined Valley Health Surgical Oncology in July 2021, is a fellowship trained surgical oncologist and board certified general surgeon. She earned her medical degree from Jefferson Medical College (Sidney Kimmel School of Medicine) at Thomas Jefferson University in Philadelphia. She completed her residency in general surgery at Dartmouth Hitchcock Medical Center in Lebanon, NH. She returned to Philadelphia to receive her clinical fellowship training in complex general surgical oncology at Fox Chase Cancer Center.

Shalini Reddy, MD – Cardiothoracic surgeon Dr. Reddy, of Valley Health Cardiothoracic Surgeons, completed her residency in general surgery at Beth Israel Medical Center in New York. She is fellowship trained in cardiothoracic surgery from SUNY Upstate Medical Center and fellowship trained in minimally invasive thoracic surgery from Roswell Park Cancer Center in New York. She is board certified in general and thoracic surgery.

Joshua Shade BS, ACSM CET, CPT, EIM Level 1 – Josh holds a Bachelor of Science in Exercise Science from Shepherd University. He has been with the Valley Health Wellness & Fitness Center for more than 10 years in varying roles, most recently as Medical Integration Coordinator overseeing the physician referral exercise programs. Josh holds three certifications through the American College of Sports Medicine as a Certified Cancer Exercise Specialist, Certified Personal Trainer, and Exercise is Medicine Level 1. His passion is working with special health populations through their journey to a better, healthier life.

James VanKirk, MD – Dr. VanKirk, of Valley Health Palliative Care, is Medical Director of Valley Health's Supportive Care Department. He is a graduate of the University of Pittsburgh School of Medicine and completed his residency at the Medical Center Hospital of Vermont. Dr. VanKirk has extensive experience with palliative care, hospice, goals of care discussions, physician orders for scope of treatment (POST) and medical ethics. He is committed to provider and community education regarding these topics. Dr. VanKirk is board-certified in internal medicine and hospice & palliative medicine.

Mary Vorous – Mary is the supervisor at Wellspring, Valley Health's cancer resource center. She has been a licensed cosmetologist for more than 40 years and brings a ministry background to her position. She is a BOC certified mastectomy prosthesis fitter and is certified in oncology esthetics by the National Coalition of Estheticians Association.