

Rehabilitation Services Guide

Occupational and physical therapy are available at all locations. The guide below shows where specialized services are available.

Acute Inpatient Rehabilitation

(An inpatient physical rehabilitative and medical facility)

Winchester – Cork Street540-536-5114

Aquatic Physical Therapy (A water therapy program)

Virginia

Winchester – Cork Street 540-536-3011

West Virginia

Romney304-822-7273

Cancer Rehabilitation (offered at all locations)

.....540-536-2551

Community Mobility & Driving Assessment (OT)

(An off-the-road evaluation and driving program)

Woodstock540-459-1164

Concussion Rehabilitation (OT, PT)

Front Royal – Commerce Ave.....540-635-0730

Winchester – Wellness Center..... 540-536-3011

DriveAbility Clinic (OT)

(An on-road evaluation and pre-driving program)

Winchester – Cork Street540-536-1180

Dry Needling (PT)

(A program for trigger point acupuncture)

*Front Royal – Commerce Ave540-635-0730

*Front Royal – Riverton Commons.....540-636-0480

*Luray540-743-8240

*Strasburg.....540-459-1300

*Woodstock540-459-1164

Hand Therapy (OT)

Front Royal – Commerce Ave540-635-0730

Luray540-743-8240

Mt. Jackson540-459-1352

Strasburg540-459-1300

*Winchester – Wellness Center.....540-536-3011

Woodstock.....540-459-1164

Healthy Bones (OT, PT)

(A program for Osteoporosis/Osteopenia)

Virginia

Front Royal – Commerce Ave.....540-635-0730

Luray..... 540-743-8240

Mt. Jackson.....540-459-1352

Strasburg.....540-459-1300

Winchester – Wellness Center.....540-536-3011

Woodstock540-459-1164

Valley Health Home Health.....540-536-5200

West Virginia

Berkeley Springs304-258-8377

Romney304-822-7273

Valley Health Home Health | West Virginia 304-822-2177

LSVT BIG® Program (OT,PT)

(A movement program for Parkinson's Disease)

Virginia

*Front Royal – Commerce Ave540-635-0730

*Luray540-743-8240

*Winchester – Wellness Center540-536-3011

*Woodstock540-459-1164

*Valley Health Home Health.....540-536-5200

West Virginia

*Berkeley Springs (OT only).....304-258-8377

Romney304-822-7273

*Valley Health Home Health | West Virginia (OT only)

.....304-822-2177

LSVT LOUD® Program (SLP)

(A speech language program for Parkinson's Disease)

Virginia

*Front Royal – Commerce Ave540-635-0730

*Luray540-743-8240

*Winchester – Wellness Center540-536-3011

*Woodstock540-459-1164

West Virginia

*Berkeley Springs304-258-8377

*Romney304-822-7273

*Valley Health Home Health | West Virginia304-822-2177

Lymphedema Therapy (OT, PT)

(A treatment to reduce lymphatic swelling and pain)

Virginia

*Luray (PT only)	540-743-8240
*Winchester - Wellness Center	540-536-3011
Valley Health Home Health (OT only)	540-536-5200

West Virginia

*Romney (PT only)	304-822-7273
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McKenzie Method® (PT) (A spine health program)

Virginia

*Front Royal – Commerce Ave	540-635-0730
*Front Royal – Riverton Commons	540-636-0480
Mt. Jackson	540-459-1352
Strasburg	540-459-1300
*Winchester – Wellness Center	540-536-3011

West Virginia

*Berkeley Springs	304-258-8377
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Modified Barium Swallow Study

(offered at hospital locations only)

Call centralized scheduling at 855-724-3384 to schedule at a location near you

Outpatient Occupational Therapy (OT), Physical Therapy (PT), & Speech Language Pathology (SLP)

Virginia

Front Royal – Commerce Ave	540-635-0730
Luray	540-743-8240
Mt. Jackson (OT, PT only)	540-459-1352
Strasburg (OT, PT only)	540-459-1300
Winchester – Wellness Center	540-536-3011
Woodstock	540-459-1164
Valley Health Home Health	540-536-5200

West Virginia

Berkeley Springs	304-258-8377
Romney	304-822-7273
Valley Health Home Health West Virginia	304-822-2177

Pediatric Therapy (OT, PT, SLP)

Virginia

Front Royal – Commerce Ave	540-635-0730
Luray (SLP only)	540-743-8240
Winchester - Cork Street	540-536-5113
Woodstock	540-459-1164

West Virginia

Berkeley Springs (SLP only)	304-258-8377
Romney (OT, SLP only)	304-822-7273

Pelvic Health (PT)

(A program for pelvic floor dysfunction)

Front Royal – Commerce Ave	540-635-0730
*Winchester – Wellness Center	540-536-3011

Sports Performance (OT, PT)

(A program for athletic training)

Virginia

Front Royal – Commerce Ave	540-635-0730
Front Royal – Riverton Commons	540-636-0480
Luray	540-743-8240
Mt. Jackson	540-459-1352
Strasburg	540-459-1300
Winchester – Wellness Center	540-536-3011
Woodstock	540-459-1164

Sports Performance – continued

West Virginia

Berkeley Springs	304-258-8377
Romney	304-822-7273

Vestibular Rehabilitation (OT, PT)

(A program for dizziness and imbalance issues)

Front Royal – Commerce Ave	540-635-0730
Front Royal – Riverton Commons	540-636-0480
Luray	540-743-8240
Mt. Jackson	540-459-1352
Strasburg	540-459-1300
Winchester – Wellness Center	540-536-3011
Woodstock	540-459-1164

Vision Rehabilitation (OT)

Front Royal – Commerce Ave	540-635-0730
Luray (neuro vision)	540-743-8240
Winchester – Cork Street (low vision)	540-536-5126
Winchester – Wellness Center	540-536-3011
Woodstock	540-459-1164

Wheelchair Seating & Positioning Clinic (OT, PT)

Luray	540-743-8240
Winchester – Cork Street	540-536-5114

Women's Health (PT)

(A program for pre- and post-partum care)

Front Royal – Commerce Ave	540-635-0730
Strasburg	540-459-1300
Winchester – Wellness Center	540-536-3011
Woodstock	540-459-1164

Wound Care Services (PT)

Front Royal – Commerce Ave	540-635-0730
Luray	540-743-8240
*Woodstock	540-459-1164

Note: Valley Health also offers wound care services in outpatient settings in Martinsburg, WV (304-350-3230), Romney, WV (304-822-2115), and Winchester, VA (540-536-6547).

Key: OT = Occupational Therapist
PT = Physical Therapist
SLP = Speech Language Pathologist
* = Certified Therapist