

2024

Valley Health Foundations

# Annual Report

Thank you for your investment  
in the mission of Valley Health  
Foundations: *Serving our  
community by improving health.*



# Serving our Community

## by the Numbers



**PINK RIBBON** celebrated its **Sweet 16** with **345 donors and guests** over two days celebrating laughter, comfort, and hope. The exciting raffle raised an additional \$11,600 for Wellspring.



**33 SCHOLARSHIPS** were awarded to **high school and college students** through the Foundations, helping grow the next generation of health professionals in our communities.



**OVER \$39,000** was granted through the **Angel Fund** to support non-medical essentials like rent and electricity for local cancer patients in financial need.



**THE FIVE** conferences and **symposiums** we held in 2024 provided continuing education opportunities for more than **550 employees**.



**MORE THAN \$83,000** in **community support** was raised through beneficiary events.



**452 Valley Health employees** participated in the **annual employee campaign**, supporting the hospital and the program that is most impactful to them.



**FUNDING** was provided for **111 employees** to attend conferences nationwide to continue bringing the best and most up to date education here to our community.



**324 GOLFERS** enjoyed a **two-day event** supporting the **Hurst Hospitality House**. Tickets to annual Foundation events are just one way President's Society donors are thanked for their continued generosity.

**Thank you** for your investment in the mission of Valley Health Foundations, helping us to serve our community by improving health. Because of your generosity, we were able to bring valuable programs and initiatives to communities across our region.

Stronger Together, a comprehensive, system-wide campaign to improve heart health, mental health, and community health, was launched during 2024. The projects and programs supported by the Strong Together campaign will allow our families, friends and neighbors to live healthier lives.



*Generous donation of Squishmallows (above) given to WMC from Jazwares to help comfort children post-surgery. Local family (below) enjoying a spring day at the Valley Health Cancer Center at our Inaugural Cancer Survivor Day celebrations.*







## **“Where Are They Now?” NICU Portraits Unveiled**

In August, Valley Health Foundations hosted a heartwarming ceremony in the Winchester Medical Center Neonatal Intensive Care Unit (NICU) family lounge to unveil new “Where Are They Now?” portraits of former patients. These images serve as beacons of hope and inspiration for current families frequenting the lounge, offering them a glimpse of the bright futures that await their little ones.

The ceremony was attended by Valley Health leadership from the Women & Children’s service line, Valley Health Foundations, dedicated members of the NICU team, and Sherae Hunter, the talented local photographer behind this project. Those in attendance took turns unwrapping these beautiful photos, revealing the NICU “graduates” along with their names and gestational ages at birth. This marks the second installation of photos from Sherae Hunter, bringing the total to 16 portraits displayed in and around the NICU.

The unveiling ceremony not only celebrated the resilience and progress of the featured NICU graduates, but also highlighted the unit’s unwavering commitment to patients and their families during their stay and for years to come. The NICU team often looks forward to seeing the growing graduates and their families every year during a NICU Reunion. For those currently facing a NICU stay, portraits like these provide immense comfort, reminding us that even the smallest beginnings lead to rewarding futures.

## **Growing Healthier Together**

Thanks to a \$5,000 grant from the Shenandoah Memorial Hospital Foundation, a bounty of healthy foods like green beans, carrots, cabbage and radishes will be part of the new community garden being planned for the campus of the nonprofit organization CREW — Community Resources for Education and Wellness — located in Mt. Jackson, VA.

Studies show that in addition to providing nourishment, community gardens promote social interactions, emotional well-being and physician activity, which can all improve a person’s overall health. “This is a wonderful example of what can be achieved when a community comes together to work towards a common goal,” notes Kim Cassford, Executive Director of CREW, an organization that collaborates with public and private organizations in the community to advance education and wellness. “This will go a long way towards addressing food insecurities that some of our most vulnerable populations face.”

Two such community members who are leading the efforts to create the garden are master gardeners Christine and Jerry Jorgensen of New Market. Based on their years of experience, they anticipate that the 24’ X 60’ garden will yield approximately 1,000 pounds of fresh produce each year.

“As part of the region’s leading healthcare system, not only do we deliver expert patient care, but we work with our community partners to help lessen the impact social needs can play on a patient’s health status,” says N. Travis Clark, Vice President of Operations at SMH. “We’ve had tremendous success with our community gardens located in Page County, and we’re excited to assist with this latest effort where neighbors, friends and families can come together and literally reap the fruits of their labors.”





## Brightening Healthcare through Art

A newly painted mural at the Valley Health Breast Center lifts the spirits of patients and their family members, while providing them comfort on their breast cancer journey.

The mural was the idea of surgeon Anita Minghini, MD, who approached the Foundation about updating the waiting area in the Breast Center.

“We want the Valley Health Breast Center to be warm and inviting for our patients,” says Dr. Minghini. “The mural welcomes the patients and lifts their spirits. It reminds us to stop and appreciate the beauty around



*The floral mural (above) brightened the lobby of the Breast Center to lift spirits of patients and their families.*

us. It tells our patients that they are important. We care for them and about them.”

The Foundation reached out to Winchester muralist Sarah Gallahan, who quickly saw the potential in the space. For one week in November, Gallahan painted wildflowers of all sizes, shapes and colors on the Breast Center lobby wall. “My grandmother-in-law was treated at the Breast Center,” she says. “I’m giving back for everything they did for her.” Jenny Grooms, Executive Director of Valley Health Foundations, says the project is an example of how the Foundations aims to improve the patient experience through generous donations from the community.

Then, Valley Health Diagnostic Center ended the year with a new glow-in-the-dark mural intended to ease the fear of children nervous about getting their blood drawn. The mural is a jungle scene also painted by Sarah Gallahan. She incorporated a river, fish and jungle animals into the painting. When children come into the room, phlebotomists can turn out the lights and the room will glow. They wear a headlamp to draw the child’s blood.

“It’s exciting for the Foundation to support something so creative to engage anxious patients and their parents while necessary tests are done,” says Jenny Grooms, executive director of Valley Health Foundations. “The idea to incorporate glow-in-the-dark paint came from Winchester Medical Center President, Tonya Smith. Bringing that idea to life throughout the room and giving our team another tool in their toolbox highlights the bridge philanthropy is meant to be.”

President Tonya Smith came up with the idea for the mural after reading about another health system doing something similar a few years ago. “I thought a glow-in-the-dark mural would make for a fun and special experience for children anxious about getting their blood drawn,” says Smith. “I’m also hopeful parents will enjoy a smoother lab visit with their child as a result. Thanks to the Foundations and muralist Sarah Gallahan, we are able to improve our patient experience and help ease some of the fear that kids might have about going to the hospital.”



*The jungle scene with glow in the dark paint (above) is a special room in the Diagnostic Center created to ease the nerves or fears from children while getting their blood drawn.*

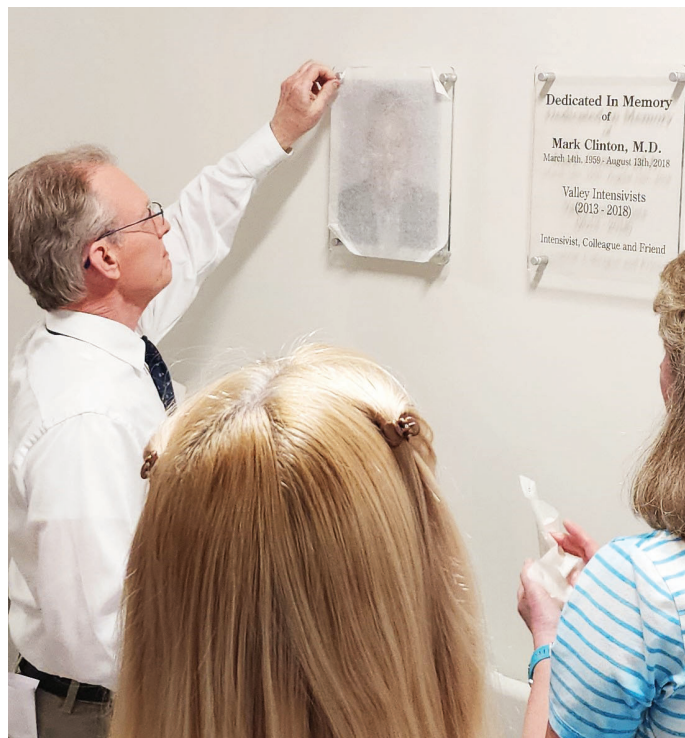


## Valley Health Provider's Memory Lives on with Help of Donor Generosity

In March, a new Intensivist Workroom was dedicated in Winchester Medical Center's Critical Care unit in memory of Mark Clinton, MD, who passed away in 2018 from cancer. Dr. Clinton's specialty was palliative care, including the care of the caregiver. He was a superb clinician, a compassionate provider and a steadfast partner. He worked for Valley Intensivists for five years before his death.

Since his passing, nearly \$30,000 has been donated in his memory. These generously donated funds have helped provide bike helmets to children at local safety fairs, provided trauma kits to first responders to help stabilize patients until medical services arrive, and assisted in the creation of Friday Fun Carts (pictured below), which are carts containing snacks and accessories meant to bring smiles to team members' faces as they deal with Valley Health's most critical patients.

"Gifts given in someone's memory make a tremendous impact and keep the loved one's memory alive," says Jenny Grooms, executive director of Valley Health Foundations. "The incredible total of gifts for Dr. Clinton made it possible to dedicate a space to benefit his colleagues and all who come after him. Now, even those who didn't serve alongside him can learn about his legacy of kindness and compassion."



*Dr. Glen Boudier unveils a portrait of Mark Clinton, MD, in the new Intensivist Workroom.*





# Stronger TOGETHER

HEARTS • MINDS • CONNECTIONS



Stronger Together is a comprehensive, system-wide campaign responding to urgent needs identified in our community health needs assessment. The \$20 million effort will help fund transformational investments in heart health, mental health, and community health. Because of significant support during the leadership phase, the campaign has raised \$16.9 million towards our goal.

## **Heart & Vascular** – Expanding access and advancing treatment

- Building an additional procedure room in the Heart & Vascular Center to increase access to life-saving and life-improving care
- Updating existing rooms to expand treatment options for cardiac interventions for atrial fibrillation (AFib) and more.
- Increased investment in the Heart & Vascular Center will allow us to continue to attract prominent providers in the field.



## **Mental Health** – Creating a place and network that changes lives

- Building a free-standing facility where people can heal and thrive, restore relationships with others, and themselves.
- Creating a new program for youth to protect and support mental health along with providing treatment for substance use disorder.
- Expanding our adult mental health program, including treatment of substance use disorder, to decrease mortality and minimize the effects on individuals, their families and our community.

- Establishing a Digital Health Center that places providers at the fingertips of community medical offices to allow patients throughout the region to receive prompt care.



## **Mobile Health** – Making Health Care Accessible to Everyone

- Less than 50% of eligible women in our community get their annual screening mammogram. A Mobile Mammography Van will ensure that transportation or work schedules don't prevent women from getting this life-saving screening.
- A Mobile Health Clinic will drive better outcomes for those most in need in our community, offering on-site screenings, tests and care.
- Enhanced telehealth access will allow Valley Health to bring primary and specialty care to patients where they live and work.

**Visit [www.valleyhealthlink.com/stronger](http://www.valleyhealthlink.com/stronger) to support, learn more and follow campaign progress.**



## Honoring a Legacy with a New Name for the Heart & Vascular Center

We're honored to announce that the Heart & Vascular Center at Winchester Medical Center is now the Clyde A. Smith Heart & Vascular Center. This renaming is in recognition of a generous donation made as part of the Foundation's Stronger Together capital campaign.

The official announcement and dedication ceremony took place on November 24, 2024, at Winchester Medical Center. This event celebrated the significant contribution and honored the legacy of Clyde A. Smith, founder of Valley Proteins, whose life was impacted by heart disease.

"We are deeply grateful for this transformational gift," said Jenny Grooms, Executive Director, Valley Health Foundations. "This level of investment by the Smith family will further enhance the center's capabilities in



providing exceptional cardiovascular care. The Clyde A. Smith Heart & Vascular Center will continue to uphold our commitment to excellence in heart and vascular services, ensuring that our community receives the highest quality of care, close to home."





## Legacy Society

The Legacy Society is a group of generous supporters who have included the Valley Health Foundations in their estate plans or established an endowment to fund their wishes in perpetuity. Included is a list of extraordinary philanthropists who have chosen to be part of the Legacy Society. Please note, the donors listed with an \* are no longer with us, however their generosity is still helping those in need. For more information about the Legacy Society, contact our Executive Director Jenny Grooms, CFRE at 540-536-2387 or [jgrooms@valleyhealthlink.com](mailto:jgrooms@valleyhealthlink.com)

### Anonymous (3)

**Frank and Nellie Armstrong\***

**Clara Barthel\***

**Joe and Mary Anne Biggs**

**Stewart Bell\***

**Graham F. Blandy\***

**Shirley Carter\***

**Mr. Eugene & Mrs. Betty Casey\***

**Ms. Edith Corning\***

**Crum Family Trust**

**Mary Frances Dix\***

**Benjamin Blanton Dutton\***

**Mr. and Mrs. Harvey Everett**

**Hazel Evans Foreman\***

**Inez Cordelia Fries\***

**Mr. and Mrs. George W. Glaize, Jr.**

**H. Louisa Glass\***

**Dr. Robert W. Gebhardt\***

**Frank Newcomer Hack\***

**John & Margaret Harrell\***

**Rita Hawkins\***

**Mr. John G. Hickey\***

**Dr. Bettina C. Hillman-Mattson Trust\***

**Sallie Hoover\***

**Dr. Charles Huber\***

**Charles Jones\***

**Letitia Kerns\***

**Mrs. Patricia Griffin Koch\***

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**Burgess and Julia Nelson\***

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**Mr. Michael Ricketts**

**Peter Soriano**

**Anna Stine\***

**Mrs. Nancy Strosnider**

**Ms. Delorise A. Waters\***

**James & Mary Wilkins\***

**James R. Wilkins, Jr.**

**Mr. and Mrs. Arnold M. Williams, Jr.**

**Shirley C. Williams**

**Julia B. Wright\***

## Board Members

Valley Health's six hospitals have dedicated Foundation Boards that serve as leaders in guiding our philanthropic work in our ongoing efforts to make our community healthier, together. Below is a list of these hardworking groups for each hospital.

### Hampshire Memorial Hospital Development Committee

Donnie Cookman  
Aaron Cox  
Trina Cox  
Eileen Johnson  
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Bonnie Wilcox  
Patty Wygal

### Page Memorial Hospital Development Committee

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Bill Dudley  
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Dick Masincup  
Cathy Weaver  
Donna Whitley-Smith

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Meghan Gilleland-Turner, MD  
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Margaret Goodyear  
Bret Hrbek  
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### Winchester Medical Center Foundation

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Lisa Limoges  
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Chuck McWilliams  
Cookie Oates  
John Schroth  
Patricia Strother



## 2024 President's Society

The President's Society includes annual donations of \$1,000 and above. These gifts come from across the region, support all six Valley Health hospitals, and help move our mission forward.

### Keystone Circle

\$1,000,000 and Above

Mr. and Mrs. Gerald F. Smith Jr.  
Winchester Medical Center Auxiliary

### Heritage Club

\$500,000 - \$999,999

Fred and Christine Andreae

### Chairman's Circle

\$250,000 - \$499,999

Commonwealth Transfusion Foundation  
Steven E. and Beverley B. Shoemaker

### Benefactors Circle

\$100,000 - \$249,999

Mr. and Mrs. Steven E. Cluss  
Mr. Bruce R. Griffin  
Mr. and Mrs. Mark Nantz  
Frank Newcomer Hack Endowment  
Mr. Wayne Smith and Mrs. Tonya Smit FACHE

### Cornerstone Society

\$50,000 - \$99,999

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National Fruit Products Company, Inc  
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The Shockey Companies  
Walter and Kelly Sowers  
Dr. and Mrs. Norman Woodlief

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\$25,000 - \$49,999

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Mrs. and Mr. Theresa Trivette

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\$10,000 - \$24,999

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Ms. Jennifer Coello  
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Hancock Daniel  
John & Margaret Harrell  
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Sallie L. Hoover Family Trust  
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Dr. Kenneth Janowski  
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Dr. Sherif Z. Kaiser and Dr. Gina Kaiser  
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Dr. Mauricio A. Martinez and Ms. Kara Wilder

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Ms. Julie T. Miksit  
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Shenandoah Community Foundation  
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\$5,000 - \$9,999

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Bank of Romney  
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**\$2,500 - \$4,999**

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### **President's Society**

**\$1,000 - \$2,499**

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Texas Roadhouse  
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Village Square Restaurant  
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Mrs. Beth M. Waller  
Mr. and Mrs. Charles E. Walton  
Dr. Susan Warriner  
Ms. Lesley J. Watterson  
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Mrs. Suzanne M. Whitacre  
Ms. Susan Whitacre  
Ms. Amy White  
Ms. Donna Whitley-Smith  
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Paramedics  
Mrs. Jo Anne Winschel  
Ms. Christina Witt  
Mr. Lester Ray Woodrum  
Ms. Yolonda Wright  
Ms. Valerie Wright  
Ms. Gina Yates  
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Dr. Patrick F. Zazzaro, M.D.  
Ms. Bailey Zepp  
Mr. James Ziner

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information about our programs and  
initiatives, visit  
[www.valleyhealthlink.com/giving](http://www.valleyhealthlink.com/giving) or call  
540-536-6939.



## Enjoy these photos

of initiatives funded by Valley Health Foundations and our 2024 donor appreciation events. Valley Health Foundations hosts two annual events, the Pink Ribbon Celebrations and the Annual Benefit Golf Classic, to show appreciation to President's Society donors and also share updates about the projects made possible by their support. Interested in supporting Valley Health Foundations or learning more?

Visit [www.valleyhealthlink.com/giving](http://www.valleyhealthlink.com/giving)



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