Right Care, Right Time, Right Place

**Call Your PCP**
For all your healthcare needs, call your Primary Care Provider (PCP) First. They will determine if being seen in their office, a walk in clinic, Urgent Care or an Emergency Department is best for your concern.

**New and Chronic Problems:** Fever, sore throat, bronchitis, wheezing, asthma, COPD, urinary tract or bladder infections, back pain, joint & muscle pain or injuries, colds, earaches, mild-moderate abdominal pain, care for chronic conditions, work related injuries, prescription refills, medication related questions

**Preventative Care:** Child well visits, annual physicals/screenings, labs, vaccines, sports physicals

You do not need an appointment.

**Urgent Care or Walk-in Clinic**
Valley Health offers walk-in care for those in need of urgent but non-emergent medical attention. If you need to see a provider right away but your medical needs do not necessitate an emergency room visit, you can visit our Urgent Care or walk-in clinics.

**Treatment of Urgent Problems:**
- Onsite Lab and X-ray Services
- Multiple Convenient Locations
- Walk-ins welcome or you can reserve your spot by visiting vhurgentcare.com or valleyhealthlink.com/vhonlinecheckin

You do not need an appointment.

**Emergency Department**
Use for severe conditions that may be life threatening.

**Treatment of Life Threatening Emergencies:**
- Chest Pain
- Protruding or Broken Bones
- Serious Allergic Reaction
- Major Heart Palpitations
- Abdominal Pain
- Head Trauma
- Loss of Consciousness
- Uncontrolled Bleeding
- Sudden Weakness/Trouble Speaking
- Sudden Change in Vision
- Sudden Onset Shortness of Breath

You do not need an appointment.

For a full listing of clinics, urgent and quick care locations, walk-in and extended hours clinics, lab and outpatient imaging locations, visit valleyhealthlink.com or ask your healthcare provider for more information.