

Kidz in Motion



Hours:

Monday, Wednesday & Friday, 9-11 A.M. and 4-7 P.M.

Tuesday & Thursday, 4-7 P.M.

Saturday, 9 A.M.-12 P.M. • Closed Sunday

Sign-up for participation requested.

Ages Allowed In Area:

6 months to 9 years old

Cost Per Child:

\$5 guest fee

\$25 unlimited per month (membership required)

This is a safe, fun, and educational environment for your child to visit while you are in the facility. We play games, read stories, dress up, do homework, create artwork, and just have fun!

Swim Hours For Kidz In Motion:

Tuesday, Thursday & Friday, 6-9 P.M. only

Saturday, 8 A.M.-4 P.M. • Sunday 12-4 P.M.

Hampshire Wellness & Fitness Center

1000 Heritage Circle • Romney, WV 26757

304-822-7255

www.hampshirewellfit.com



Hampshire Wellness & Fitness

Kidz in Motion Rules

- We ask parents to sign up their child/children at least 2 hours in advance of opening to ensure that services can be provided. If a child is not able to attend, please contact us to remove them from the list.
- All children must be signed in when dropped off and signed out when picked up.
- If your child is not well, please do not bring him/her in. If a child is not feeling well after arriving, we will ask parents to pick the child up.
- The gate must be kept closed at all times. Children should not open the gate.
- All children need to listen and follow rules.
- We are not responsible for any lost or misplaced personal items. We encourage children to leave their personal belongings at home or in their car.
- Children are asked to remove their shoes when they arrive; socks are encouraged.
- We do not provide snacks. Parents can bring in snacks for their child/children. If they bring their own snack they will be asked to eat at the table.
- If your child is in need of a diaper or pull-up change we will contact you.



ValleyHealth

Hampshire Wellness & Fitness