

Valley Health

Community

WELLNESS

Festival

in partnership with
Shenandoah University

Saturday, February 25

10 AM – 5 PM

Apple Blossom Mall • Winchester, VA



• 80+ Health, Wellness and Fitness Exhibitors



• The Healthy Kid Experience: Wellness Fun for Kids



• Free and Low Cost Health Screenings



• Fitness Demonstrations

▶ Learn more at www.valleyhealthlink.com/wellnessfestival.

Funded by the Winchester Medical Center Foundation



Healthier, together.