



Shenandoah County Fair CIMT Screening

Name _____ DOB _____ Age _____
 Phone _____ Primary care physician _____
 Height _____ Weight _____

MEDICAL HISTORY (Circle all that apply; if you say yes to any, you are not a candidate for the screening)

Have you ever had a:

	Heart attack	Yes	No
	Stroke	Yes	No
	Peripheral Artery Disease (PAD)	Yes	No
	Heart surgery	Yes	No
	Carotid surgery	Yes	No
	Leg Artery surgery	Yes	No
	Aneurysm Surgery	Yes	No

RISK FACTORS (Circle all that apply)

Do you have:

	Diabetes	Yes	No
	High Cholesterol	Yes	No
	High Blood Pressure	Yes	No
	History of Smoking	Yes	No
	Early Family History of Heart Disease (Under age 60)	Yes	No

Are you currently on a cholesterol lowering medication **Yes** **No**

WHAT DO THESE SCREENING TESTS LOOK FOR?

Carotid intima medial Thickness (CIMT): Increased thickness of the inner most layer of the carotid artery has been shown to correlate with an increased risk of development of atherosclerotic disease. The CIMT measurements are dependent on your age and gender. Not infrequently, true atherosclerosis (cholesterol build up) is identified on this test.