2026
EUGENE AND BETTY CASEY

Cardiovascular Conference

April 9, 2026
7 A.M. – 3:30 P.M.

West Oaks Farm Market
4305 Middle Rd., Winchester, VA

This event is an excellent opportunity for physicians, nurses and technicians to receive concentrated, comprehensive information on the latest trends and techniques in the care of heart patients presented by a multidisciplinary team of cardiovascular professionals.

Fully funded by the Winchester Medical Center Foundation

Honoring Eugene and Betty Casey

As a longtime supporter of the Winchester Medical Center Foundation, Mrs. Betty Casey wished to make a gift in memory of her late husband, Mr. Eugene Casey. He had been a patient with cardiovascular needs at WMC. Her initial gift has helped to fund equipment, educational needs of our health care professionals and staff, and other heart related programs. In 2012, Mrs. Casey once again gave a substantial gift, this time designated for our long-standing annual cardiovascular conference, planned by dedicated staff each year.

AGENDA

8:00 A.M. ..... **Small Incisions, Big Impact: The Future of Heart Valve Surgery**
Lindsey Prescher, DO

9:00 A.M. ..... **Beating the Odds: Cardiac Arrest, Refractory VT and the Path Back to Perfusion**
Sumeet Lall, MD

10:00-10:15 A.M. ..... **Morning Break**

10:15 A.M. ..... **Statins: The Workhorse of Lipid Management**
Saif Al Najafi, MD
AND
Beyond Statins: Evolving Lipid Therapies
Jeffrey Skiles, MD

11:15 A.M. ..... **Aortic Stenosis**
Aref Bin Abdulhak, MD

12:15 – 1:00 P.M. ..... **Lunch Break**

1:00 P.M. ..... **Inheritable Arrhythmia Syndromes**
Daniel Alexander, DO

2:00 P.M. ..... **Integrated Health Technologies: The Present and Future of Heart Failure Management**
Bayo Atanda, MD

3:00 P.M. ..... **Conclusion**

ValleyHealth
Heart & Vascular

PRESENTERS

Daniel Alexander, DO, FHRS, FACC

Dr. Alexander is an electrophysiologist with Winchester Cardiology and Vascular Medicine|Valley Health and serves Chairman of the Winchester Medical Center Electrophysiology Clinical Council. He completed his medical education at A.T. Still University of Health Sciences at Kirksville College of Osteopathic Medicine. He completed his residency at William Beaumont Hospital and a fellowship at Virginia Commonwealth University. He is board certified in cardiovascular disease, internal medicine, and clinical cardiac electrophysiology.

Saif Al Najafi, MD

Dr. Al Najafi is a cardiologist with Winchester Cardiology and Vascular Medicine|Valley Health and Medical Director, Cardiac Imaging. He completed his medical education at Al-Mustanseriya University and residency at St. John Hospital & Medical Center. Dr. Al Najafi completed fellowships at St. John Hospital & Medical Center and Emory University Medical Center. He is board certified in clinical cardiology, nuclear cardiology, echocardiotherapy, and internal medicine. Dr. Al Najafi's clinical interests include family history of premature heart disease, bicuspid aortic valve, cardiomyopathy, and cardiotoxic chemotherapy; resistant hypertension; heart failure; coronary artery disease; valvular heart disease; palpitations; and arrythmias.

Adebayo Atanda, MD

Dr. Atanda is a cardiologist with Winchester Cardiology and Vascular Medicine|Valley Health. He completed his medical education at University of Ilorin Medical School and residency at Howard University Hospital. Dr. Atanda completed fellowships in cardiology at George Washington University Hospital and heart failure and transplant at Columbia University Irving Medical Center – New York Presbyterian Hospital. He is board certified in internal medicine, echocardiography, cardiovascular disease, and nuclear cardiology, with clinical interests in advanced heart failure, cardiomyopathy, cardiogenic shock, ventricular assist devices, heart transplant, cardio-obstetrics, and cardio-oncology.

Aref Bin Abdulhak, MD, MSc, FACC, FSCAI

Dr. Bin Abdulhak is an interventional and structural cardiologist with Winchester Cardiology and Vascular Medicine|Valley Health. He completed his medical education at Aden University and residency at the University of Missouri, Kansas City. Dr. Bin Abdulhak completed fellowships in cardiology and interventional/structural cardiology at the University of Iowa Hospitals and Clinics, and a fellowship in structural heart disease at the Swedish Heart and Vascular Institute. He is board certified in interventional cardiology, cardiovascular disease, and internal medicine, with clinical interests in structural heart, valvular heart disease, coronary artery disease, stroke, valve replacements and repairs, complex interventions, and left atrial appendage occlusion.

Sumeet K. Lall, MD, MD, FACC, FSCAI

Dr. Lall is an interventional cardiologist with Winchester Cardiology and Vascular Medicine|Valley Health and serves as the Chest Pain Center Medical Director. Dr. Lall earned his bachelor's degree in chemical engineering from Virginia Commonwealth University. He then went on to pursue his medical degree from University of Virginia. He obtained his internal medicine training from Strong Memorial Hospital, University of Rochester Medical Center with a distinction in medical education. He completed his cardiology fellowship at Penn State Heart and Vascular Institute at Hershey Medical Center. He then pursued interventional cardiology fellowship at Stony Brook Heart Institute, Stony Brook University Medical Center.Dr. Lall is board certified in internal medicine, cardiovascular disease, interventional cardiology, and nuclear cardiology. His clinical interests include coronary artery disease, percutaneous coronary intervention, chronic total occlusion (CTO) intervention, complex and high risk coronary intervention (CHIP), structural and valvular heart disease including structural heart procedures such as Transcatheter Aortic Valve Replacement (TAVR). He is dedicated to advancing rapid, evidence based care for patients presenting with acute coronary syndromes through his clinical practice and leadership.

Lindsey Prescher, DO

Dr. Prescher is a cardiothoracic surgeon with Valley Health Cardiothoracic Surgery. She completed her medical education at Lake Erie College of Osteopathic Medicine, followed by general surgery internship and fellowship at Navy Medical Center in San Diego. Dr. Prescher completed her cardiothoracic surgery fellowship at the Yale University School of Medicine, followed by an additional year of advanced training as a fellow in structural heart disease at Yale. She is board certified in cardiothoracic surgery, with clinical interests in aortic, mitral, tricuspid valve repair or replacement, aortic aneurysm surgical and surveillance management, transcatheter aortic and mitral valve therapies, coronary artery bypass grafting, cardiac tumors and adult congenital cardiac surgery, and minimally invasive cardiac surgery and innovation.

Jeffrey Skiles, MD

Dr. Skiles is a cardiologist with Winchester Cardiology and Vascular Medicine|Valley Health and serves as Co-Chair of the Winchester Medical Center Valvular Heart Disease Clinical Council and Chair of the Heart & Vascular Oversight Committee. He completed his medical education at West Virginia University and residency at the University of Virginia. Dr. Skiles completed a fellowship at The Cleveland Clinic Foundation. He is board certified in cardiovascular disease, nuclear cardiology, and echocardiography. Dr. Skiles' clinical interests include general and preventative cardiology, heart failure, echocardiography, and valvular heart disease.

Registration is free for Valley Health employees.

Search on Caregiver Connect for **2026 Cardiovascular Conference** for registration article and link.

Professional Credits Awarded by Valley Health

Physicians, Nurse Practitioners and Physician Assistants: The Winchester Medical Center is accredited by the Southern States CME Collaborative (SSCC) to provide continuing medical education for physicians. The Winchester Medical Center designates this live educational activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses: Valley Health Professional Development is approved as a provider of continuing nursing professional development (CNPD) by the Virginia Nurses Association, an accredited approver with distinction by the American Nurses Credentialing.

This program has been awarded 6.0 contact hours.