

A tilt table test is a medical procedure often used to diagnose dysautonomia or syncope. Patients with symptoms of dizziness or lightheadedness, with or without a loss of consciousness (fainting), suspected to be associated with a drop in blood pressure or positional tachycardia are good candidates for this test.

An EEG tilt table test begins with a standard baseline EEG. Several wires will be monitoring brain activity. The patient will be strapped to a table while laying down and the table will be titled to an angle of 80 degrees. Symptoms, blood pressure, and the brain activity (EEG) are recorded. The test ends when the patient experiences faintness or has other significant symptoms. The test lasts approximately 1-2 hours.