

2023 Virtual Rehab Symposium

# Recognizing Disabilities, Emphasizing

# POSSIBILITIES



Friday, October 6  
8:00 A.M. – 3:15 P.M.

Virtual platform supported by Zoom

This virtual symposium is FREE for all participants

Presented by Valley Health Rehabilitation — In partnership with the Winchester Medical Center Foundation

\*Agenda order subject to change

## AGENDA

8-8:15 A.M.

### Introduction

Jessica Watson, MBA, MSN, RN, Director of Rehab Services  
Kyla Sine, DPT

8:15-9 A.M.

### Vestibular Rehab

Amy Youmans, DPT  
Caitlin Ochs, DPT  
Daniel Van Schuch, DPT

9-9:30 A.M.

### Instrument Assisted Soft Tissue Mobilization — Hawk Grips

#### Approach (IASTM)

Shelley Annalora, DPT, Cert DN, CKTP  
Christina Martin, DPT

9:30-10:15 A.M.

### Flexible Endoscopic Evaluation of Swallowing (FEES)

Rebecca Halfhill, MS, CCC-SLP  
Erin Gahn, MS, CCC-SLP

10:15-10:30 A.M. .... Break

10:30-11 A.M.

### Speaking of Disability in the Healthcare Setting

Molly Hall, OTD, MS, OTR/L  
Alicia Lutman, OTD, MS, OTR/L, ATC/L  
Emily Beckley, MS, CCC-SLP

11:00 A.M. – Noon

### Keep it Moving- Exercise Strategies for Cancer Survivors

Jessica Engle, DO, Johns Hopkins, Assistant Professor Physical Medicine and Rehabilitation and Oncology  
Laurie Fitz, MPT, CLT

Noon-12:30 P.M. .... Lunch

12:30-1 P.M.

### Psychosocial Factor Screening and Treatment

Kenesha Shave, DPT, CSRS

1 – 1:30 P.M.

### Bioness Integrated Therapy System

Kevin Maloney, MS, OTR/L  
Courtney Sansone, DPT

1:30-2:15 P.M.

### The Therapeutic Relationship and Its Impact on Musculoskeletal Pain

AJ Lievre, DPT, OCS, EdD, Associate Professor at Shenandoah University

2:15-3 P.M.

### Resilience for Us – The Caregivers

Ann Wadsworth, CPTD  
Emily Ford, OTD, OTR/L  
Joshua Needy, BSN, RN, Clinical Manager

3 – 3:15 P.M. .... Wrap Up & Survey Evaluation

## ABOUT THE PRESENTERS

### **Amy Youmans, DPT**

**BS:** Slippery Rock University

**DPT:** Slippery Rock University

Certificate of competency in vestibular rehab

### **Caitlin Ochs, DPT**

**BS:** Shenandoah University

**DPT:** Shenandoah University

Certificate of competency in vestibular rehab

### **Daniel Von Schuch, DPT**

**BS:** Virginia Military Institute

**DPT:** Shenandoah University

### **Shelley Annalora, DPT, Cert-DN, CKTP**

**BS:** University of Buffalo

**DPT:** University of Buffalo

**Certifications:** trigger point dry needling, certified kinesiotaping practitioner, LSVT BIG, SASTM/IASTM lvl 1

### **Christina Martin, DPT**

**BS:** University of Tennessee Knoxville

**DPT:** University of Tennessee Health Science Center

**Certifications:** IASTM level one

### **Rebecca Halfhill, MS, CCC-SLP**

**BS:** University of Pittsburgh

**MS:** West Virginia University

**Certifications:** FEES

### **Erin Gahn, MS, CCC-SLP**

**BS:** Edinboro University of Pennsylvania

**MS:** West Virginia University

**Certifications:** FEES

### **Molly Hall OTD, MS, OTR/L**

**BS:** Juniata College

**MS:** Shenandoah University

**OTD:** Shenandoah University

Adjunct instructor at Shenandoah University OT department

### **Alicia Lutman OTD, MS, OTR/L, ATC/L**

**BS:** Concordia College

**MS:** Shenandoah University

**OTD:** University of St. Augustine

**Certifications:** athletic trainer

### **Emily Beckley, MS, CCC-SLP**

**BS:** Nazareth College

**MS:** Nazareth College

Pursuing a MHA from Purdue University — expected graduation 3/2024

**Certifications:** LSVT LOUD, VitalStim for adults and pediatrics,

PROMPT trained for apraxia of speech

### **Jessica Engle, DO**

**BS:** University at Albany, State University of New York

**DO:** Lake Erie College of Osteopathic Medicine

**Internship:** Philadelphia Osteopathic Medical School and Crozer Health Systems

**Residency:** Physical Medicine and Rehabilitation at State University of New York at Stony Brook

**Fellowship:** Cancer Rehabilitation from the University of Texas MD Anderson Cancer Center

### **Laurie Fitz, MPT, CLT**

**BS:** University of Delaware

**MS:** University of Delaware

**Certifications:** certified lymphedema therapist, clinical resource analyst

### **Kenesha Shave, DPT, CSRS**

**BS:** Fairleigh Dickinson University

**DPT:** New York Medical College

**Certifications:** certified stroke rehab specialist, IASTM level one

### **Courtney Sansone, DPT**

**BS:** Shepherd University

**DPT:** West Virginia University

### **Kevin Maloney, MS, OTR/L**

**BS:** James Madison University

**MS:** West Virginia University

### **AJ Lievre, DPT, OCS, EdD**

**BS:** University of Maryland at College Park

**MS:** Shenandoah University

**DPT:** Shenandoah University

**EdD:** University of St. Augustine Doctor of Education

**Certifications:** orthopedic clinical specialist (OCS)

Associate professor Shenandoah University

### **Ann Wadsworth, CPTD**

**BS:** University of Scranton

Manager of Learning and Development, Organizational Development Team

**Certifications:** certified professional in talent and development

### **Emily Ford, OTD, OTR/L**

**BS:** James Madison University

**OTD:** Mary Baldwin University, Murphy Deming College of Health Sciences

**Certifications:** certified dementia practitioner

### **Joshua Needy, RN, BSN, clinical manager**

**RN:** Walden University

**BSN:** Walden University

## REGISTRATION

Visit [valleyhealthlink.com/rehabsymposium](https://valleyhealthlink.com/rehabsymposium) to register.

You will receive a confirmation email once your registration is complete providing the virtual meeting details for the conference.

This virtual symposium is FREE for all participants.

## PROFESSIONAL CREDIT

### **Physicians, Nurse Practitioners and Physician**

**Assistants:** This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of Virginia. The Winchester Medical Center's CME Program is accredited by The Medical Society of Virginia to provide continuing medical education for physicians and designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physicians, Nurse Practitioners and Physician Assistants with questions about professional credits should contact Stephanie Nelson, Winchester Medical Center Continuing Medical Education Coordinator, at 540-536-8871.

**Nurses:** Valley Health Professional Development is approved as a provider of nursing continuing professional development (CNPD) by the Virginia Nurses Association (VNA), an accredited approver by the American Nurses Credentialing Center's Commission (ANCC) on Accreditation. This activity has been awarded 6.5 contact hours.